



## Production and Distribution of Training DVDs

### Time For You

Respite care and carers in the area of mental health

Presented by Julie McCrossin, this DVD encourages people who look after a family member or friend who has a mental illness to use the range of respite care services available to them. It also explores the issues of what people who care for someone with a mental illness actually want and need. The DVD is a valuable resource for families, carer support groups, trainers and health professionals.

Written and produced by [Fran Haarsma Productions](#) for the Commonwealth Carer Respite Centre Southern Region.



Price:

\$87.00 General Usage

\$165.00 Training Usage\*

**\*\*Special Offer:** If you are a carer, family member of a carer or member of a carer support group, then contact us about the special price for this DVD that you may be eligible for.

\*Training usage price is for organisations such as TAFEs, Universities, registered training organisation (RTOs), private training providers and VET in schools programs which will be using the DVD for training purposes.

### Price

General - AUD\$87.00

Training - AUD\$165.00

### Duration

20 mins

### Topics covered

- what respite care is
- the range of respite care services available (one-on-one, residential, day programs, holiday, emergency)
- the needs of people who care for someone with a mental illness
- the benefits of using respite care.

## Resource Material for

(i) Community Services Training Package

Certificate III

- Community Services Work

Certificate IV

- Mental Health

For example, use for competencies:

CHCMH301A Work effectively in mental health  
CHCNET404A Facilitate links with other services  
CHCCS308B Provide first point of contact

(ii) Certificate IV in Health - Nursing

(iii) Support services, such as Area Mental Health Services and  
Psychiatric Disability Support Services

(iv) General practitioners and other health professionals

(v) Carer support groups\*\*

(vi) Carers of a family member or friend who has a mental illness\*\*

## More information

For more information on any of our DVDs please contact us

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