



Production and Distribution of Training DVDs

Respite Helps You Find the Balance

Communicates the benefits of Respite Care for the well-being of both carers and care recipients

This DVD clearly explains what Respite Care is and the range of Respite Care options available. It encourages carers of people who are frail, elderly or disabled to use these services.

Written and produced by [Fran Haarsma Productions](#) for Commonwealth Carer Respite Centre Southern Region.

"This DVD is a really good learning tool for all staff involved with people having respite care." **Director of Nursing, Spurway Residential**



**Special Offer: If you are a carer or the family member of a carer then contact us about the special price for this DVD that you may be eligible for.

Price

AUD\$65.00

Duration

17 mins

Topics covered

- what respite care is
- how respite care works
- the range of respite care services available (in home, day centres, residential, holiday, emergency)
- the benefits of respite care to both the carer and the person they care for.

Resource Material for

(i) Community Services Training Package

Certificate II

- Community Services Work

Individual Client Support Certificate III

- Home and Community Care
- Aged Care
- Disability

For example, use for competencies:

CHCICS304A Work effectively with carers
CHCAC318A Work effectively with older people
CHCCS411A Work effectively in the community sector

(ii) Certificate IV in Health - Nursing

(ii) General practitioners and other health professionals

(iii) Carer support groups

(iv) Carers and family members**

More information

For more information on any of our DVDs please contact us

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